



Prevention Worker Core Training Program

SFNFCI Classroom Deliveries

11 courses – 20 days – 120 hours REGISTER ONLINE - www.sfnfci.ca

Location: SFNFCI Classroom located at 207-2553 Grasswood Rd., E., Saskatoon, SK – Free parking onsite

The Saskatchewan First Nations Family and Community Institute (SFNFCI) is pleased to offer the delivery of the Prevention Core Training Program.

About the Training

- Core competency-based training develops the skills and knowledge that are crucial to performing in a specific job and allows learners to identify, develop and apply the skills and knowledge gained through the training in the workplace.
- Developed in consultation with FNCW Prevention Staff as subject matter experts
- Complies with SFNFCI Prevention Standards
- Culturally relevant for those working with Indigenous children, youth and families
- Elder support available during trainings
- Customized course content for prevention workers
- 1 day of training = 6 hours of instruction
- 11 courses – 20 days – 120 hours
- Learner's must complete 100% attendance to receive a certificate of participation for each course
- Those who complete all 11 courses in the program will receive a SFNFCI Certificate of Completion

Who should take this training?

FNCFS Agency Prevention Staff and/or other community-based service providers of prevention programs and services for Indigenous children, youth and families.

Introduction to Prevention in Child Welfare (1 day)

This one-day training is designed to give the new learner an overall orientation to the work of Prevention Workers. Participants will review and discuss the role of prevention practice in support of building strong families. Topics of discussion will include: the history of First Nations child welfare, and truth and reconciliation; the development of the prevention field; prevention policy and standards; child abuse protocol; principles and ethics that inform the practice; and program expectations.

Communication Skills for Prevention Workers (2 days)

This two-day training will focus on basic communication skills for Prevention Workers. Participants will examine their own communication styles; learn key elements of communication including listening with empathy, responding with patience, and impacts of non-verbal communication; apply effective communication skills to build positive relationships; motivational interviewing; and using impactful communication skills when dealing with difficult or resistant clients or during crisis or conflicts.

Prevention Program Planning (2 days)

This two-day module has been designed to give learners suggestions of guidelines to use when developing new programming. It can help give agencies a broad understanding of practical planning methods in preparing and implementing a plan, creating schedules, and can also provide ideas on techniques for measuring the success of your plan.

Managing Multiple Priorities (1 day)

This one-day module has been developed to provide suggestions about managing time. Time management skills often include managing conflicting priorities and dealing with instant challenges that happen in agencies every day. Suggestions are provided for setting priorities, getting organized, managing your time and achieve your agencies' goals.

Documentation Skills for Prevention Workers (2 days)

The two day training focuses on identification and application of effective observation, communication and report writing skills including an understanding of applicable terminology. Participants will create, and complete files routinely required in prevention work, learn file management; documenting client and worker activities; and case planning. The module will teach the key elements required for writing clear, concise, detailed reports including an understanding of opinion, objective and subjective comments and perspectives. The two day module will also demonstrate competency in identifying situations requiring completion of critical incident reports (E.g. death, injury, sexual/physical abuse).

Engaging Clients Using Therapeutic Interventions (1 day)

This one-day course focuses on multiple ways of engaging clients to assist in creating healthy, safe, helping environments. Participants will learn about the goal of therapeutic interventions, some basic interventions such as art therapy, play therapy and animal therapy, and how these can be beneficial for engaging families in relationship development. Participants will have an opportunity to discuss and practice skills in building respectful relationships.

Facilitating Change (2 days)

This two-day course provides a hands-on approach to facilitation and public speaking. Participants will learn about the key concepts public speaking and facilitating groups; examine their personal public speaking style; characteristics of groups/audiences; creating and using a variety of presentation media; and challenging group situations. This is a practical course that provides learning through instruction, discussion, small and large group work, practice and feedback.

Mental Health First Aid - Adults who interact with Youth (2 days)

This two-day course focuses on mental disorders and crisis first aid skills specifically for adults working with youth. The course focuses on mental disorders including, but not limited to: mood, anxiety, eating disorders, and psychotic disorders. The course also discusses stigma and discrimination as well as five basic actions of mental health first aid. *Each participant that completes this course receives a certificate from Mental Health First Aid Canada.*

Facilitating Life Skills Development (3 days)

This three-day course is designed to equip participants with knowledge, skills and resources to assist clients in developing life skills to manage their children and their home. Participants will learn strategies to engage clients in conversations about their current life skills; to assess client's knowledge and abilities in various life skills; participants will also coach clients to develop various life skills. Participants will examine their own life skill strengths and the value of modelling positive, healthy life skills.

Grief and Loss (2 days)

This two-day course is designed to introduce participants to role of the prevention worker in providing grief and loss support to clients. Through an understanding of the process of grief, participants will demonstrate knowledge and skills to support clients experiencing grief and loss. Participants will also examine their own grieving process and the importance of modelling positive, healthy grief and loss recovery for others.

Culture and Diversity (2 days)

This two-day course is a land based delivery designed to be led by Elders/Knowledge Keepers and course participants. A general list of teachings and information will be identified by the First Nations Prevention Working Group to assist the structuring of the course. Depending upon the Elders/Knowledge Keepers and their expertise, topics may include: history, storytelling, worldviews, sacred circles, tipi teachings, animals and their significance in teaching values, oral traditions, protocols, plants and medicines, treaties, diversity, etc. *Location: Ancient Spirals Retreat.*

For more information about SFNFCI's Core Training Programs

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