



## **2019-2020 – “ITS MY LIFE” APP AGENCY WORKER TRAINING**

### **Agency Worker “It’s My Life” App Training**

The “It’s My Life” app is a guide for First Nation youth who are transitioning into independence. The app can assist workers/teachers in having conversations with youth who are planning their transition.

The first part of this training provides basic information on safety and security of using a mobile device. The second part of the training provides an orientation to the “It’s My Life” app.

**Time investment: 1-1.5 hour**

#### **Purpose:**

To provide a worker with information to increase their awareness of internet safety and using the app to support conversations with youth on transitioning to independence.

#### **Goal:**

The goal of this training session is to familiarize agency workers with safe use of the “It’s My Life” app.

#### **Objectives:**

On completion of the Agency Worker App Training, the worker will be:

- familiar with with Internet and device safety
- able to input and manage information on the Dashboard
- able to support a youth to access the app

### **Internet Safety and Security**

This section of the course is designed to provide an orientation to Internet safety and security. You might encounter some questions on using the app on mobile devices. The information in this section provides very basic information; it will not equip you to troubleshoot problems with devices.

**For more information about SFNFCI’s Training Programs**

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